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**Europäisches Patentamt**  
**European Patent Office**  
**Office européen des brevets**

11 Publication number:

**0 109 993**  
**A1**

12

**EUROPEAN PATENT APPLICATION**

21 Application number: 82306395.3

51 Int. Cl.<sup>3</sup>: **A 61 K 35/64, A 61 K 7/48**

22 Date of filing: 01.12.82

43 Date of publication of application: 13.06.84  
 Bulletin 84/24

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84 Designated Contracting States: **AT BE CH DE FR GB IT  
 LI LU NL SE**

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84 **Method for extracting propolis and water soluble dry propolis powder obtained thereby and cosmetic and pharmaceutical preparations containing same.**

57 A new and useful method for extracting propolis from substantially clean raw material to obtain a dry propolis powder. Depending upon the method used, either a water-soluble propolis powder or an organosoluble propolis powder may be obtained. A unique method for purifying the propolis extract is also disclosed. Both the methods for extracting propolis-containing raw material and the water soluble dry propolis powder are claimed.

The propolis powder exhibits inter alia bactericidal, viricidal, analgesic, anaesthetic and regenerative properties, and cosmetic, pharmaceutical and medicinal preparations incorporating the powder in a suitable carrier are disclosed.

**EP 0 109 993 A1**

METHOD FOR EXTRACTING PROPOLIS AND WATER SOLUBLE  
DRY PROPOLIS POWDER OBTAINED THEREBY AND  
COSMETIC AND PHARMACEUTICAL PREPARATIONS CONTAINING SAME

Propolis is a resinous compound collected by honey bees from various plants and the buds of different trees. It is also known as "honey bee glue" and is used by the bees to coat parts of the interior of the hive and to seal the cracks and crevices of the hive.

5       The present invention is concerned with the extraction of propolis from clean raw propolis as well as unprocessed beeswax to obtain a dry propolis powder, with the water soluble dry propolis powder thereby obtainable, and with pharmaceutical, medicinal and cosmetic preparations containing same.

10       The existence of propolis has of course long been recognized by apiarists. In fact, it has been variously described as both a blessing and a curse. While the substance has been largely ignored as a necessary sticky evil associated with beekeeping, some rather surprising studies of propolis have been made with particular regard to commercial and therapeutic uses  
15       for the material. Most of the research has been conducted in Asian and European countries, but potential commercial uses for propolis have been acknowledged in the United States of America.

20       In a relatively brief article by Dr. F. B. Wells published in the November, 1976 issue of the American Bee Journal at pages 512, 513 and 542, the potential for use of propolis and propolis-containing preparations for therapeutic purposes is outlined. As is indicated in that article, and the foot notes to the article, the majority of research on propolis has been undertaken in Great Britain, Denmark, Poland, Russia, Romania, Czechoslovakia, East Germany, Yugoslavia and Bulgaria. These reports are  
25       in general agreement that raw propolis consists essentially of approximately 55% resins and balsams, 30% wax, 10% ethereal oils and 5% pollen. However, it will be appreciated that the composition of propolis may vary and is dependent upon the geographic area and season of its collection. Nevertheless, reported laboratory and clinical tests are quite consistent in

their observations that propolis and propolis-containing compositions do exhibit bactericidal effects. It has been suggested that propolis may be responsible for the relatively low concentration of bacteria and moulds in the atmosphere within bee hives. As early as 1965 three Romanian investigators reported that alcoholic extracts of propolis, drones and royal jelly had virulicidal activity against Type A influenza virus in vitro. Russian Patent No. 267014 claims the efficacy of an alcoholic extract of propolis in combination with glycerin for treating conjunctivitis. Russian Patent No. 232470 discloses and claims an alcoholic extract of propolis as part of a toothpaste composition possessing both prophylactic and antiseptic properties. Romanian Patent No. 48101 relates to a cosmetic lotion including an alcoholic extract of propolis also including boric acid. British Patent No. 1,465,194 teaches a method comprising repetitive freezing and thawing of propolis to obtain a material suitable for subsequent therapeutic uses.

Thus, the preparation of alcoholic extracts containing propolis together with the use of organic solvents to prepare the extracts, is well known. Nevertheless, the literature fails to teach controlled reproducible methods for extracting propolis of known constituent composition. There is virtually no teaching in the prior art of any means for obtaining a water-soluble propolis extract, and the literature repeatedly refers to propolis as being substantially insoluble.

The present invention provides a method of extracting propolis comprising

- (a) placing in a container a quantity of raw propolis or unprocessed beeswax and covering it with a solvent that is ethyl alcohol, isopropyl alcohol, n-butyl alcohol, sec-butyl alcohol, t-butyl alcohol, ethyl ether, benzyl alcohol, propylene glycol, dimethyl sulfoxide, ethylene glycol, n-propyl alcohol, methyl alcohol, benzyl benzoate, acetone, polyethylene glycol, glacial acetic acid, an aqueous solution of one or more of the above, or a mixture of two or more of the above, the amount of solvent being from 1 to 1.5 litres per 500g of propolis or beeswax;
- (b) maintaining the resulting mixture at a temperature in the range 0°C for from 1 to 10 days with periodic agitation to obtain a propolis-containing solution;

- (c) filtering the solution to obtain a propolis-containing filtrate; and
- (d) removing the solvent from the filtrate to obtain a dry propolis powder.

Also in accordance with the invention a purified propolis is obtained by carrying out the filtration step as follows: cooling the propolis-containing filtrate to a temperature of at most  $-20^{\circ}\text{C}$ ; maintaining the cooled filtrate at said temperature for about 24 hours; agitating the cooled filtrate; and filtering the cooled filtrate while maintaining the said temperature to obtain a purified propolis-containing filtrate.

By the method of the present invention a dry propolis powder suitable for a variety of uses including, but not limited to, cosmetic and therapeutic application, can be obtained. By using raw propolis as starting material and using an aqueous solution of an organic solvent, a water-soluble dry propolis powder can be obtained. This constitutes another embodiment of the present invention. The particular solvent used in the extraction method will be chosen with regard to the intended end use of the dry propolis powder and whether or not it is desired that the powder be water-soluble or organic-solvent-soluble.

A practical procedure for preparing the dry propolis powder involves placing a quantity of raw material consisting essentially of either clean raw propolis or unprocessed beeswax in an amber glass container and covering it with solvent. If clean raw propolis is used as the raw material, about 2 liters of solvent is added per kilogram of propolis. If unprocessed beeswax is used as the raw material, about 3 liters of solvent is used per kilogram of beeswax.

As will be set forth in greater detail hereinafter, preferred solvents for use in the method of this invention are absolute ethanol (ethyl alcohol) and aqueous solutions of ethanol. However, laboratory experimentation has revealed that the following organic solvents, as well as aqueous solutions of these solvents, may be used: isopropanol, n-butanol, sec-butanol, t-butanol, diethyl ether, benzyl alcohol, propylene glycol, dimethyl sulphoxide, ethylene glycol, n-propanol, methanol, benzyl benzoate, acetone, polyethylene glycol and glacial acetic acid.

It is of course to be understood that the solvent utilized should be of high quality and purity, consistent with the final uses of the dry propolis powder.

While the initial extraction preferably takes place at room temperature, acceptable results are given at temperatures from 0°C to 37°C. The extracting vessel containing the raw material and solvent is shaken several times daily for a period of from one to ten days, preferably at least three days. At the end of this time, the extract is filtered through Whatman No. 1 filter paper, or its equivalent. At this point it should be noted that the once-extracted raw material may be again covered with solvent and re-extracted as described above to obtain additional propolis-containing filtrates.

The solvent may then be removed from the propolis-containing filtrate to yield a dry propolis powder. Removal of the solvent may be accomplished by lyophilization or incubation (evaporation). Depending upon the solvent used in carrying out the extraction method, the resulting dry propolis powder will be either water-soluble or organic-solvent-soluble. For example, if ethanol is used as the solvent, an organic-solvent-soluble propolis powder will be obtained. However, if a 10%-25% aqueous ethanol is used as the solvent, water-soluble dry propolis powder will be obtained.

The purification of the propolis extract prior to obtaining the final dry propolis powder may be carried out by a preferred procedure which comprises first cooling the propolis-containing filtrate to a temperature of at most -20°C for approximately 24 hours. At the end of this period the extract will become viscous and opaque. While maintaining the filtrate at about -20°C it is shaken and filtered through Whatman No. 50 filter paper, or its equivalent. During the cold filtration procedure, which is carried out at about -20°C, a very clear filtrate should be obtained, and the waxy material remaining on the filter paper contains waste materials. If the filtrate is not clear, the cold filtration must be repeated.

The clear filtrate resulting from the cold filtration process may be filtered at the reduced temperature or may be brought to room temperature and filtered through a 0.2 micrometre filtration system. The solvent is then removed from this final filtrate, e.g. by lyophilization or incubation, to obtain the purified dry propolis powder. In light of the relatively low temperatures utilized in the purification method outlined above, it is to be understood that this purification method is not suitable for aqueous solvent solutions, since the water would freeze.

While the above procedure has consistently proved to yield an extremely pure dry propolis powder of consistent composition, further quality control over the final powdered product may be obtained in the following fashion. After the cold filtration process described above, but prior to removing the solvent, the cold process filtrate may be brought to an extremely low temperature such as, for example,  $-70^{\circ}\text{C}$ . If, after about 24 hours at that temperature, the filtrate is still clear, purity of the final product is assured. Any cloudiness in such a sample would indicate the unacceptability of the filtrate for further processing.

Detailed illustrative examples of various extraction and purification methods in accord with this invention are presented below. As will be set forth in greater detail, the resulting dry propolis powder may be utilized as a constituent in many cosmetic and therapeutic substances. Accordingly, the present invention also extends to cosmetic, pharmaceutical or medicinal preparations comprising the propolis powder obtained by the method of this invention in admixture with a cosmetic or pharmaceutically acceptable topically administrable carrier, and orally administrable pharmaceutical and medicinal preparations comprising the powder in admixture with a non-toxic orally administrable carrier.

#### EXAMPLE I

About 500 grams of clean raw propolis was placed in an amber glass container and covered with about 1 liter of absolute ethanol. This mixture was allowed to sit for ten days at room temperature with periodic agitation several times each day. At the end of ten days, the mixture was filtered through Whatman No. 1 filter paper. The resulting propolis-containing filtrate was then incubated at about  $70^{\circ}\text{C}$  until a dry propolis powder was obtained. Incubation temperature as low as about  $55^{\circ}\text{C}$  may also be employed, but greater time to obtain the final dry product will be required. Care should be taken, however, with regard to any increase of the drying temperature, for the propolis will burn at about  $80^{\circ}\text{C}$ .

The dry material remaining after incubation is the dry propolis powder, and is organic-solvent-soluble.

Similar results were obtained using glacial acetic acid as the solvent.

EXAMPLE II

The method of Example I was repeated; however, the solvent was removed from the propolis-containing filtrate by lyophilization (freeze drying) after partial reduction of the alcohol content by evaporation. The  
5 final product obtained by this method was not a powder, but a "gummy" propolis residue.

EXAMPLE III

The method of Example II was repeated utilizing a 15% aqueous ethanol solution as the solvent. This resulted in a dry propolis powder  
10 which was water soluble. Chemical analysis of the water soluble dry propolis powder gave the following results per 100 grams of dry propolis powder:

	Calcium	0.33 grams
	Phosphorous	0.111 grams
15	Albumin	3.7 grams
	Protein	18.5 grams
	Creatinine	118.5 milligrams
	Bilirubin	55.5 milligrams
	Glucose	26.1 grams
20	Alkaline Phosphatase	4,148 International Units
	Potassium	0.397 grams
	Sodium	0.085 grams
	Zinc	0.299 milligrams
	Vitamin B <sub>12</sub> (estimation)	0.133 milligrams
25	Folic Acid (estimation)	1.926 milligrams.

Furthermore, study resulting from application of the resulting water soluble propolis to smooth muscle tissue revealed that this propolis contained no antihistamine properties quite unlike most drugs used today for treating virus symptoms. The presence of creatinine, bilirubin and alkaline  
30 phosphatase in the dry propolis powder is quite remarkable and may provide the basis for other uses of the powder, since these are normally found in animal tissue.

EXAMPLE IV

The method of Example III was repeated utilizing 10, 20 and 25% aqueous ethanol solutions as the solvents. The results in each case were substantially identical to those of Example III.

EXAMPLE V

The method of Example III was repeated utilizing a 30% aqueous ethanol solution as the solvent. The propolis-containing filtrate derived according to this method was deemed unsuitable because of excessive cloudiness. It is therefore believed that water soluble dry propolis powder may only be obtained using aqueous solvent solutions of no more than about 25% concentration.

EXAMPLE VI

About 500 grams of clean raw propolis were placed in an amber glass container and covered with about 1 liter of absolute ethanol. The mixture was allowed to sit at room temperature for about ten days with shaking several times each day. At the end of the ten days the extract was filtered through Whatman No. 1 filter paper.

To further purify the propolis-containing filtrate, it was cooled to a temperature of about  $-20^{\circ}\text{C}$  for about 24 hours. At the end of this period it was observed that the extract had become viscous and opaque. The chilled filtrate was then shaken and filtered while maintaining the temperature at about  $-20^{\circ}\text{C}$ , through Whatman No. 50 filter paper. This resulted in a very clear purified propolis-containing filtrate. The solvent was removed from the purified filtrate by incubation at about  $70^{\circ}\text{C}$  for approximately 48 hours, or until dry. The resulting material was organic solvent soluble dry propolis powder.

Equivalent results were obtained by repeating the above procedure with the following solvents:

isopropyl alcohol  
sec-butyl alcohol  
tert-butyl alcohol  
ethyl ether  
benzyl alcohol  
propylene glycol  
dimethyl sulfoxide



ethylene glycol  
n-propyl alcohol  
methyl alcohol  
benzyl benzoate  
5 acetone  
polyethylene glycol, and  
a mixture of equal parts ethyl alcohol and methyl alcohol.

#### EXAMPLE VII

10 Utilizing about 100 grams unprocessed beeswax as the raw material  
and about 300 ml ethanol as the solvent, the method of Example VI was  
repeated and yielded similar results. Of course, a smaller quantity of  
purified dry propolis powder was obtained.

#### EXAMPLE VIII

15 The method of Example VI was repeated; however, the solvent was  
removed from the purified filtrate by lyophilization. Chemical analysis of  
the final product obtained according to this procedure yielded results  
substantially identical to those reported above in Example II.

#### EXAMPLE IX

20 The following procedures were conducted in order to determine the  
bactericidal activity of the purified propolis powder obtained in accordance  
with the procedures set forth above in Example VI.

A 10%, by weight, dry propolis powder solution in absolute ethanol  
was prepared. This 10% solution was then used to prepare a variety of  
additional solutions, diluted with distilled water, to give final concentrations  
25 of dry propolis powder of from less than 10 milligrams to 10 milligrams of  
propolis powder per milliliter of solution. These solutions were then again  
diluted with a microbiological culture medium such as supplemented peptone  
broth II obtained from The Brecton Dickinson Corporation of Rutherford,  
New Jersey, United States of America. The final solutions with peptone  
30 broth II varied from less than 1 to 10 milligrams of propolis per milliliter of  
peptone broth II solution. After about 24-48 hours incubation at about 37°C  
with each of the organisms listed below, the cultures were then replanted on  
the blood agar plates prior to a second incubation at about 37°C for about  
24 hours. The three organisms utilized were present at a level of 15 million  
35 per 1 milliliter and were:

Staphylococcus aureus	ATCC 25923
Escherichia coli	ATCC 35933
Pseudomonas aeruginosa	ATCC 27853.

5 With the organisms tested individually in controlled studies, the propolis was found to have the following effects. Purified propolis powder in the final concentration of 2 milligrams per milliliter is lethal to Staphylococcus aureus. Purified propolis powder in a final concentration of 6 milligrams per milliliter is lethal to Escherichia coli. Purified propolis powder in a final concentration of 5 milligrams per milliliter is lethal to  
10 Psuedomonas aeruginosa.

Similar experimentation was performed utilizing water soluble propolis powder obtained in accordance with the method of Example IV. The bactericidal activity of this propolis was equivalent to that just stated above.

#### 15 EXAMPLE X

The following procedures were followed in order to determine the antioxidative properties of water soluble dry propolis powder obtained in accordance with the procedures of Example IV. 250 micrograms of the water soluble dry propolis powder were dissolved in 1 ml of distilled water.  
20 To this was added 0.02 ml of 0.1 N potassium permanganate. Decolorization took place in approximately 2.1 seconds giving a positive indication of the antioxidative properties of the water soluble dry propolis powder. These results are deemed important for the reason that the antioxidative properties of the propolis powder correlate to its bactericidal efficacy.

25 Dry propolis powder obtained in accordance with the method of this invention is concered as a storage material available for immediate use. It is believed that the stability of propolis powder, when stored in an amber glass container at room teperature, is at least 10 years. The propolis powder is soluble in all the solvents mentioned in the methods given in the  
30 above examples including, obviously, water. Furthermore, organic propolis solutions are also soluble in glycerol and many chemical surfactants used in the pharmaceutical, cosmetic and food industries. Similarly, organic solutions of propolis powder are readily miscible with castor oil. The incorporation of organic solutions of propolis powder and different vegetable  
35 oils can be achieved first through the combination of the organic solution with castor oil or with chemical surfactants. Mineral oil, after combination

with vegetable oil, creates suitable conditions for the addition of organic propolis solutions. Similar results can be achieved through the combination of organic propolis solutions with chemical surfactants and then with mineral oil.

5           Use of the dry propolis powder in organic or aqueous solutions, creams, lotions, suppositories, douches or in other pharmaceutical or cosmetic bases possess significant antibacterial, antifungal and antiviral activity. The observed antiviral activity of the dry propolis powder is particularly significant, and has been observed to be effective against  
10   Herpes simplex (type 1), Herpes simplex (type 2), Zoster virus, Epstein Barr virus and common cold viruses. Infectious hepatitis and distemper have not as yet been investigated, but theoretical considerations strongly indicate the efficacy of the extracted dry propolis powder.

15           In relatively large concentrations propolis extracted according to the method of this invention possesses anesthetic properties. Large concentrations also enhance animal tissue metabolism and may be applied locally to increase blood circulation. The increase in tissue metabolism during the treatment indicates that the stimulated tissue may react against inflammatory processes and that the propolis possesses regenerative  
20   properties. Increased blood circulation in local tissue is an important factor in combatting cellulites, cramps and other conditions. As will be indicated below, the oral application of 5 to 10% propolis powder in absolute ethanol has proved to be effective for bacterial, fungal and viral diseases.

25           Of particular note is the efficacy of such solutions in the treatment of Herpes simplex (types 1 and 2). Herpes simplex (type 1) is spread by contact of the mucous membranes which results in cold sores. Herpes simplex (type 2) infections are spread by sexual contact, and are considered as the most common venereal disease in the United States. It is generally accepted that Herpes simplex (type 2) is linked with cervical cancer. Both  
30   of the Herpes viruses can cause encephalitis which has a high mortality rate. Propolis powder prepared in accordance with the method of this invention and applied in the form of creams or ointments rapidly cures cold sores. Herpes simplex (type 2) infections of the sex organs can be cured by a specially applied douche. In both cases, subsequent oral treatment is  
35   recommended in order to prevent recurrence of the diseases.

In vitro studies of Herpes simplex (types 1 and 2) have demonstrated that about 10 micrograms of the propolis powder per milliliter of the culture media kills the viruses without affecting cell division. Oral administration in dosages of about 2 to 3 grams per day will prevent further outbreaks.

5 It should also be noted that the dry propolis powder obtained in accordance with the method of this invention has been observed to be extremely efficacious against the majority of common cold viruses when treated immediately after the first symptoms of the cold appear (no later than 2 or 3 hours after the onset of the condition). When the propolis is  
10 taken more than about 3 hours after symptoms appear, the severity of the symptoms do appear to diminish.

The following examples, then, are given for the purpose of illustrating various formulations for topical and oral administration of the dry propolis powder.

#### 15 EXAMPLE XI

##### Petrolatum Propolis Ointment

A 0.5 to 5.0% propolis-ethanol solution may be incorporated into white or yellow petrolatum in concentrations up to 60%, by volume, propolis solution. To decrease the viscosity of this and other ointments, mineral oil,  
20 wool fats, animal fats or fish fats can be used.

#### EXAMPLE XII

##### Spermaceti Cream

The following ingredients are mixed to obtain the cream, with all composition constituents listed in weight percents:

25	Polyoxyethylene 20 sorbitan monostearate	8.0%
	Propolis powder	2.0%
	Sorbitan monostearate	8.0%
	Spermaceti	10.0%
	Water q.s. ad	100.0%

#### 30 EXAMPLE XIII

##### Anti-Herpes Cream I

The following formulation, with constituents listed in weight percents, has proved to be effective in treating Herpes viruses:

Propolis powder	1.0 - 5.0%
Dermabase q.s. ad	100.0%

5 Dermabase is a hypo-allergenic cream base which is compatible with most medicaments. Its pH is close to that of human skin. Dermabase is a vehicle for topical application used in pharmaceutical, cosmetic and veterinary preparations. It is manufactured by Professions Pharmaceutical Corporation, 2795 Bates Road, Montreal, Quebec H3S 1B6, Canada.

#### EXAMPLE XIV

##### 10 Anti-Herpes Cream 2

The following formulation with constituents listed in weight percents, has proved to be effective in treating Herpes viruses:

Propolis powder	0.5-10.0%
Unibase q.s. ad	100.0%

15 Unibase is a dermatological all-purpose base, and has a pH approximating that of the skin. Unibase is manufactured by Parke-Davis & Company, Limited, Box 633, Station "A", Scarborough, Ontario M1K 5C5, Canada.

#### EXAMPLE XV

##### 20 Suppositories

The propolis powder prepared in accordance with the method of this invention may be administered in suppositories prepared in accordance with the following formula wherein all constituents are listed in weight percents:

25 Polyoxyethylene 2- sorbitan monostearate	35.0-55.0%
Polyoxyethylene 4 sorbitan monostearate	40.0-60.0%
Propolis powder	1.0-5.0%

#### EXAMPLE XVI

##### Suppositories

30 Yet another formulation for suppositories including powdered propolis may be prepared as follows, again with all constituents listed in weight percents:

Glyceryl laurate	6.0-16.0%
Polyoxyethylene 4 sorbitan monostearate	82.0-92.0%
Propolis powder	2.0%

EXAMPLE XVIIOral Preparations

A liquid (syrup) preparation for the oral administration of propolis powder may be prepared according to the following formula:

5	Polyoxyethylene 20 sorbitan monooleate	60 grams
	50% Propolis ethanol solution	30 grams
	Propylene glycol	100 grams
	Ethyl alcohol	100 grams
	70% aqueous sorbitol solution, USP*	300 grams
10	Distilled water	410 grams

\* USP = United States Pharmacopœia.

Flavouring agents and/or preservatives may be included as desired.

The following Examples are presented for the purpose of setting forth propolis-containing solutions which have proved to be efficacious for treating the common cold.

EXAMPLE XVIII

10 milliliters (approximately 1 tablespoon) of about 10% propolis-ethanol solution are mixed in a glass (about 8 ounces) of water or juice. Alternatively, the propolis-ethanol solution may be mixed with coffee or tea giving the appearance of added milk.

This mixture may be taken about 3 times a day, but if first administered immediately after the first symptoms are noted, the symptoms may disappear within a few hours.

EXAMPLE XIXNasal Ointment for Cold or Hay Fever

Petrolatum	96.0 grams
50% Propolis-ethanol solution	4.0 grams

This ointment should be applied to the nostrils a few times daily as required. Other similar bases may be substituted for the petrolatum.

EXAMPLE XXHoney-Propolis Formula

Honey	80.0-90.0 grams
25% Propolis in concentrated propylene glycol, USP	10.0-20.0 grams

EXAMPLE XXIGelatin Capsules

	Sorbitol solution, USP	80.0-90.0 grams
5	25% Propolis in concentrated propylene glycol, USP	10.0-20.0 grams

The above is only one example of many possible means of incorporating propolis into capsules. The propylene glycol USP potentiates the activity of alcoholic propolis solutions up to 6.5 fold with respect to

cidal activities versus numerous microorganisms.

It has also been determined that propolis obtained in accordance with the methods of this invention is useful in the treatment of respiratory tract infections and inflammatory processes of the lungs. including bronchial asthma, sinusitis and hay fever. One means of treatment is innhalation therapy in which the drug is dissolved in hot water, and the vapors are inhaled according to conventional procedures. The following example sets forth a formula and procedure for the inhalation of propolis.

EXAMPLE XXII

About 10 milliliters (approximately 1 tablespoon) of 10% alcoholic solution of propolis is added to about 1 liter of hot water and mixed well. The vapors are inhaled.

EXAMPLE XXIII

Yet another formulation for inhalation thereapy may be prepared as follows:

	50% propolis-ethanol solution	10 grams
25	Gum Benzoin	8 grams
	Storax	6 grams
	Tolu balsam	2 grams
	Aloe	2 grams

The above is blended into 100 milliliters of 90% ethanol. In a preferred use, 1 teaspoon of this mixture is added to 500 milliliters of hot water to produce the inhalation solution.

Other solvents of propolis for inhalation thereapy include benzyl alcohol and polyethylene glycol.

In studies of asthma, in experimental animals it has been determined that polyethylene glycol may be used as a solvent for propolis in the formulation of injectable preparations (intramuscular).

As indicated above in Example XXI, propolis in gelatin capsules with suitable non-ionic surfactants such as, for example, polyoxyethylene 20 sorbitan monostearate, can be used in the treatment of gastrointestinal tract infections, ulcers and other inflammatory disorders of the bowel. Treatment can be achieved with the oral application of propolis in conjunction with non-ionic surfactants and propylene glycol in the form of gelatin capsules. Yet another treatment form comprises the use of retention enemas including propolis.

The gelatin capsules should be formulated to maximize the absorption of propolis in the gastrointestinal tract. This can be achieved by mixing the propolis-ethanol solution with sorbitol or diluted propylene glycol solution until a milky appearance of the combined substances results. This will avoid or minimize coating of the gastric mucosa.

The daily intake of propolis should range within about 3-6 grams. The retention enemas should be given in quantities of about 200 milliliters three times a week or according to a physician's directions. The pH of the enema solution should be between 5.0 and 6.0. The concentration of propolis may vary from about 5 to about 10 percent.

It has also been determined that the propolis can be mixed with concentrated propylene glycol USP and incorporated in the gelatin capsules which, when ingested, can coat the stomach walls. The capsules in contact with gastric juice will form a milky suspension which adsorbs over the surface of the stomach cells forming a thin film. This coating has been shown to suppress the appetite for 2 to 3 hours, and such treatment is recommended for the control of weight in obese patients.

Vaginitis, cervicitis and cervical erosions may be treated with 1 to 5% propolis-ethanol solution in combination with glycerine, propylene glycol and with or without non-ionic surfactants in the form of douches, suppositories or ointments.

Propolis powder can be used in otolaryngology and renal infections in the form of solutions, tablets or capsules.

Propolis powder can be incorporated into ointments for the treatment of burns.

For cystic fibrosis the daily oral application of one gram of propolis powder should be administered in the form of capsules or solutions.



Patients with leukocyte dysfunction disorders often develop recurrent bacterial infections which cannot be controlled by current methods of therapy. Propolis powder solutions, being strong bactericidal agents, can be used orally in the treatment of these disorders. The oral application of propolis powder solutions in a daily dose of 2 to 3 grams calculated on an anhydrous basis for a period of ten days is recommended. They can also be used in conjunction with current antibiotic therapy.

The regenerative and rejuvenating properties of propolis powder can be used in areas of medical science such as plastic surgery and dental surgery. Propolis powder in the form of ointments, creams, lotions, solutions, shampoos, cream rinses, shaving lotions and scalp creams in contact with the damaged or diseased lesion on the animal or human body shows considerable healing and rejuvenating properties. These regenerative properties of propolis powder can be observed in dental surgery, plastic surgery of animal organs and also in vitro tissue culture studies.

When propolis powder solutions are added to a fibroblast cell culture, the number of mitotic cells increases. Such studies demonstrate an increase in the enzymes responsible for the increased metabolism within the cell. The increased enzyme activity occurs with the following enzymes:

Adenosine triphosphatase  
Acid phosphatase  
Glucose-6-phosphatase  
Succinate dehydrogenase

This may explain why propolis powder solutions show regenerative properties such as the increase in the activity of formation of a collagen.

Propolis powder may be consistently employed in conjunction with other antibacterial agents used in dentistry. Propolis powder incorporated in suitable bases will control superficial and deep infections of the mucous membranes and bone, and will disinfect tooth cavities or root canals.

Propolis powder solutions used alone or in combination with benzocaine is an excellent anaesthetic. An illustrative formula follows.

#### EXAMPLE XXIV

##### Propolis Benzocaine Solution

Ethyl aminobenzoate	7.5 grams
Propolis powder in propylene glycol to make 150 milliliters.	

The final concentration of propolis in the above formula may vary from 1.0 to 10.0%, by weight.

Propolis powder may be used in the form of liquids or pastes to relieve post extraction pain (alveolar analgesic). An example of a paste follows.

#### EXAMPLE XXV

##### Propolis Benzocaine Paste

	Lanolin alcohols	10.0 grams
	Yellow beeswax	10.0 grams
10	Petrolatum	10.0 grams
	Ethyl aminobenzoate	2.0 grams
	Clove oil	3.0 grams
	50% Propolis ethanol solution	15.0 grams

Propolis in the above formula acts as antimicrobial, analgesic, anaesthetic and regenerative agents. It speeds regeneration of the tissues and reduces inflammatory infiltrations.

#### EXAMPLE XXVI

##### Propolis in a Mouth Rinse Solution

	2-10% Propolis in alcohol-glycerol solution	40.0%, by volume
20	Propylene glycol	10.0%, by volume
	Distilled water	49.8%, by volume
	Flavouring agent	0.2%, by volume

In this formula sorbitol USP or non-ionic surfactants may be used. Propolis powder has wide ranging applications in the treatment of dermatological disorders. Propolis powder for this purpose can be incorporated into ointments, creams, lotions, solutions, shampoos, cream rinses, douche and oral preparations. Propolis powder can also be incorporated into currently used pharmaceutical and cosmetic products directly or with suitable surfactants.

Ringworm may be treated by the local application of 10% propolis-alcohol solution or 5 to 10% propolis powder in an ointment made of petrolatum or another base two to three times daily for four weeks, or until symptoms are no longer evident.

Psoriasis, seborrheic dermatitis, eszema and neurodermatitis may be successfully treated with from 0.5 to 25% propolis powder in the form of lotions, solutions or ointments prepared with bases as previously described.

5 Propolis powder in concentrations from 0.5 to 10.0% may be formulated with wool fat or its alcohols and in combination with petrolatum and mineral oil for treating corns, warts and calluses.

10 Propolis concentrations of from 0.25 to 1.0% combined with non-ionic surfactants and incorporated into shampoos, cream rinses or creams are efficacious for treating dandruff. Similarly, propolis solutions in concentrations varying from 0.25 to 2.0% may be incorporated into hypoallergenic bases for treating poison ivy and jellyfish dermatitis.

15 Acne vulgaris may be treated with up to 3% propolis solutions combined with up to 3% salicyclic acid, non-ionic surfactants such as polyoxyethylene 20 sorbitan monolaurate and with 40% ethyl alcohol or another suitable alcohol. Other compounds can also be used such as methyl salicylate, glyucerine, or propylene glycol.

20 A most effective treatment for hematomas and other bruises consists of about 2-5% propolis-ethanol solution made into an ointment with petrolatum. The ointment is spread on the bandage, which is then taped over the affected area.

25 The unique properties of propolis have been used to create a new range of cosmetics. Propolis powders and solutions are endowed with preservative and antioxidant properties and natural skin rejuvenating properties which are indispensable to the many cosmetic preparations. The concentration of propolis in its powdered form can vary from less than 1% to greater than 2%. As a preservative or an antibacterial and antifungal agent propolis solutions may be used in concentrations varying from 1.0 to 2.0% on an anhydrous basis. In antiwrinkle preparations the percentage of propolis powder can be increased. The rejuvenating and other properties of propolis in trials of a number of cosmetic formulas have fulfilled expectations.

30 Propolis powders may be used in moisturizers, night and day creams, nutrient creams, barrier creams, cuticle creams, cleansing creams, lotions, cold creams, mask preparations, all types of lotions and solutions, shampoos, conditioners, cream rinses, shaving lotions, finger nail polish, soaps, lipsticks, baby creams, baby lotions, anti-diaper rash products, massage

creams, massage lotions, skin rubbing products, aerosols for cosmetic or medical purposes, keratolytic (desquamating) products and anti-cellulite products.

5       Moisturizing creams are used during the day under make-up or as a foundation cream endowing the skin with a soft appearance, retaining its moisture and preventing wrinkles. An acceptable formulation for such a moisturizing cream follows:

EXAMPLE XXVII

	Cream base	78.0 grams
10	Propylene glycol	10.0 grams
	Avocado oil	10.0 grams
	50% Propolis solution	2.0 grams

Propylene glycol may be substituted with glycerol, sorbitol solution USP or lanolin. Avocado oil may be substituted with another vegetable oil, or an  
15       animal or fish fat.

EXAMPLE XXVIII

Cold Creams

These contain large amounts of fatty or oil ingredients. An example follows:

20	Cream base	40.0 grams
	Oil or fat	58.0 grams
	50% Propolis solution	2.0 grams

EXAMPLE XXIX

Night Cream

25	Cream base	70.0 grams
	Oil or Fat	27.0 grams
	50% Propolis solution	3.0 grams

The increased quantity of propolis is an important factor in the rejuvenation of the skin during the night when the mitotic activity of the  
30       skin is increased. Humectants may be added to aid in retaining skin moisture.

EXAMPLE XXXCuticle Cream

This softens the cuticles and prevents the nails from becoming brittle. It actually toughens and thickens the nails permitting them to be grown longer. A formula follows:

Petrolatum-lanolin base	97.0 grams
50% Propolis solution	3.0 grams

EXAMPLE XXXIFacial Masks

Facial masks are intended as skin cleansing and tightening agents. The presence of propolis aids in rejuvenating the skin. The following is one example of a facial mask:

Fuller's earth	50.0%, by volume
50% Glycerol solution	44.0%, by volume
50% Propolis solution	5.7%, by volume
Perfume, if desired	0.3%, by volume

China clay, kaolin or bentonite may also be used in combinations with or as a replacement of the Fuller's earth used above.

Propolis powder may also be used in liniments in conjunction with oil of turpentine, capsicum, extracts or arnica, linseed oil, camphor and isopropyl alcohol, etc.

As previously indicated, propolis powder and propolis solutions may be used as preservatives, anti-oxidants, stabilizers and rejuvenating agents in a variety of current cosmetic products. Their incorporation would require only slight modifications of the original formulas. The propolis may be directly incorporated or via the use of a solvent or surfactant. The surfactants can be non-ionic, anionic or cationic.

Propolis powder and solutions may also be used in the food industry as preservatives, anti-oxidants and stabilizers of food products, with emphasis on preserving animal and fish fats. In the distilling industries they can be incorporated into alcohol for use in oral treatment of patients. In the tobacco industry it is believed they can be used as a flavour or as a medicated agent in anti-asthmatic cigarettes.

It should also be noted that the following solvents, because of their chemical equivalency to the solvents previously described, could also be used in the method of this invention:

5 Amyl alcohol  
Isoamyl alcohol  
Phenethyl alcohol  
Ethylene glycol ethyl ether  
Isoamyl benzoate  
Isoamylbutyrate  
Isoamyl formate  
Isoamyl isovalerate  
Isoamyl salicylate  
10 Formamide.

In similar fashion, it is anticipated that other, equivalent organic compounds which are solvents for resins and balsams may be used in the method of this invention.

15 Briefly summarizing, then, it can be seen that the present invention presents a unique method for preparing dry propolis powders which are suitable for a wide variety of end use applications. It is to be emphasized that the method and resulting water soluble propolis powder is deemed quite significant for the reason that heretofore water soluble forms of propolis were not known.

CLAIMS

1. A method of extracting propolis comprising
  - (a) placing in a container a quantity of raw propolis or unprocessed beeswax and covering it with a solvent that is ethyl alcohol, isopropyl alcohol, n-butyl alcohol, sec-butyl alcohol, t-butyl alcohol, ethyl ether, benzyl alcohol, propylene glycol, dimethyl sulfoxide, ethylene glycol, n-propyl alcohol, methyl alcohol, benzyl benzoate, acetone, polyethylene glycol, glacial acetic acid, an aqueous solution of one or more of the above, or a mixture of two or more of the above, the amount of solvent being from 1 to 1.5 litres per 500g of propolis or beeswax;
  - (b) maintaining the resulting mixture at a temperature in the range 0°C for from 1 to 10 days with periodic agitation to obtain a propolis-containing solution;
  - (c) filtering the solution to obtain a propolis-containing filtrate; and
  - (d) removing the solvent from the filtrate to obtain a dry propolis powder.
2. A method as claimed in claim 1 in which the solvent contains no more than 25% of aqueous solution and the solvent is removed by lyophilization.
3. A method as claimed in claim 1 in which the solvent is removed by incubation at 55° to 70°C until dry.
4. A method as claimed in claim 3 in which the incubation takes place at about 70°C.
5. A method as claimed in any one of claims 1 to 4 comprising the additional steps, following step (c) but before step (d), of cooling the propolis-containing filtrate to a temperature of at most -20°C; maintaining the cooled filtrate at said temperature for about 24 hours; agitating the cooled filtrate; filtering the cooled filtrate while maintaining the said temperature to obtain a purified propolis-containing filtrate; and removing the solvent from the purified filtrate to obtain a purified dry propolis powder.

6. A method as claimed in claim 5 further comprising verification of the purity of the propolis-containing filtrate, before removal of the solvent from it, by cooling it to a temperature of at most  $-70^{\circ}\text{C}$  and maintaining it at that temperature for a period of about 24 hours; and observing the clarity of the purified propolis-containing filtrate, substantial clarity after the said period indicating purity of the final product.

7. A method as claimed in any one of Claims 1 to 6 in which the starting material consists essentially of raw propolis; the solvent used in step (a) is a 10-25% aqueous solution of ethyl alcohol, isopropyl alcohol, sec-butyl alcohol, tert-butyl alcohol, ethyl ether, propylene glycol, dimethyl sulphoxide, ethylene glycol, n-propyl alcohol, methyl alcohol, acetone, polyethylene glycol, glacial acetic acid, or a mixture thereof; the amount of solvent is about 1 litre per 500g of raw propolis; and the product is a water-soluble dry propolis powder.

8. A method as claimed in Claim 7 in which the solvent is a 10-25% aqueous solution of ethyl alcohol.

9. A method as claimed in Claim 8 in which the solvent is a 15% aqueous solution of ethyl alcohol.

10. A water-soluble dry propolis powder prepared in accordance with a method as claimed in any one of Claims 7 to 9.

11. A cosmetic or topically administrable pharmaceutical or medicinal preparation comprising a propolis powder prepared by a method claimed in any one of claims 1-9 in admixture with a topically administrable cosmetic or pharmaceutically acceptable carrier.

12. An orally administrable pharmaceutical or medicinal preparation comprising a propolis powder prepared by a method claimed in any one of claims 1-9 in admixture with an orally administrable, non-toxic carrier.





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EP 82 30 6395

DOCUMENTS CONSIDERED TO BE RELEVANT			
Category	Citation of document with indication, where appropriate, of relevant passages	Relevant to claim	CLASSIFICATION OF THE APPLICATION (Int. Cl. 7)
A	US-A-3 960 329 (K.L. AAGAARD) * Whole document and in particular column 2, lines 38-40 *	1-10	A 61 K 35/64 A 61 K 7/48
A	DE-B-1 037 651 (LABORATORIUM FÜR ANGEWANDTE CHEMIE DR. FRANZ KÖHLER) * Example 2 *	1-10	
A	BIOLOGICAL ABSTRACTS, vol. 68, 1979, abstract no. 72464, Philadelphia, Pennsylvania, USA T.A. SHUB et al.: "Antimicrobial action of "Propocean" ointment as a function of the method of its preparation: Experience exchange" & KHIM-FARM ZH 12(11): 95-96, 1978 * Whole abstract *	1-10	
			TECHNICAL FIELDS SEARCHED (Int. Cl. 7)
			A 61 K
The present search report has been drawn up for all claims			
Place of search THE HAGUE		Date of completion of the search 13-07-1983	Examiner MARIE A.L.L.
CATEGORY OF CITED DOCUMENTS			
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